

# HIGH POINT UNIVERSITY

## Employee Wellness

### Pro-Rated Points (3/1/21-2/28/22)

By participating in various wellness activities, employees who elect to enroll in High Point University's Medical Plan can ***potentially earn a premium reduction*** for the 2022-2023 benefits plan year. All employees who enroll in benefits for the 2022/2023 benefits year will need to have earned 1000 points to be eligible for the premium reduction. Employees hired after March 31, 2021, will be given 80 points for each month they missed of the incentive cycle prior to their hire date.

Any employee hired on or after April 1, 2020 will need to earn a pre-determined amount of 1000 total points including the pro-rated amount listed below.

<b>April 2021</b>	<b>80 points</b>
<b>May 2021</b>	<b>160 points</b>
<b>June 2021</b>	<b>240 points</b>
<b>July 2021</b>	<b>320 points</b>
<b>August 2021</b>	<b>400 points</b>
<b>September 2021</b>	<b>480 points</b>
<b>October 2021</b>	<b>560 points</b>

Any person hired from November 1, 2021 through February 28, 2022, will automatically be grandfathered into the Wellness Medical plan for the 2022/2023 benefits year that begins on June 1, 2022.

For questions or clarification, please reach out to Melissa Marion, Director of Employee Wellness at 336-841-4698 or [mmarion0@highpoint.edu](mailto:mmarion0@highpoint.edu).