

The Heart of the Matter: Hazing Checklist

Dangerous Hazing: Anything which may endanger the life or health or safety or may cause potential bodily injury or permanent physical or psychological damage.

- Suggesting or requiring new members to 'acquire' paraphernalia from another chapter.
- Leaving campus secretly.
- Requiring new members to do any physical exercise for the sake of membership.
- Withholding food or sleep.
- Placing new members in the trunk of a car for any reason.
- Creation of excessive fatigue.
- Late work sessions which interfere with scholastic responsibility.
- Transporting people against their will.
- Requiring new members to take items from places or deface property.
- Restricting bodily movement in any way including tying feet or hands.
- Blindfolding.
- Requiring walking, standing, sitting or lying in any unpleasant substance or uncomfortable position.
- Requiring new members to jump from an object or over an object.
- Hitting.
- Tuck-ins.
- Requiring outdoor activities in unfavorable weather.
- Kidnaps.
- Requiring new members to drink or eat anything at any time or place, i.e., alcohol, food.
- Marking or branding.

Why is it hazing?

Potential for mental anguish and body injury. The new members are subject to unrealistic conditions.

This type of harassment adds nothing to the growth of a woman in your chapter. Each new member should know the schedule and be able to plan for the event. (What if she missed it—was out of town or had a big test the next morning).

This is a form of mental hazing. This activity does not foster trust. The purpose of belonging to a sisterhood and having a big sister is so that you can build trusting relationships.

This activity serves to purpose other than to embarrass the new members. It also serves as a negative, visible sign to the anti-Greek community.

This activity is intimidating. Initiated members are testing new members on information they don't remember or are required to remember.

The potential for individual hazing is the main concern. This activity is extremely time consuming for new members and initiated members.

It is against the law. Both mental anguish and physical danger can result from these activities. "We didn't make them do it..." is not a defense.

Initiated members are not required to participate in the same activities.

It could be dangerous and this activity appears childish to outsiders. It is meaningless.