

Connection Blueprint is a series of categories First-Year students tend to associate towards while attending High Point University. Utilizing Connection Blueprint allows the student to evaluate and review the abundant ways a student can begin to make High Point University their home. Once students begin to explore the possibilities available to them is when they will begin to thrive!

Types of Connection

Check all that apply to you:

- 1. New to HPU**– It's your first weeks on campus and you just don't know anyone or anything yet.
- 2. Not enough time in the day** – Something else consumes your time, such as a job, family, side business, hobby or interest you had before coming to HPU.
- 3. Infrequent/unmotivated attender** – You know there are things going on, but you just can't find it in you to attend the event(s).
- 4. Too shy to try** – High levels of anxiety prevent you from going to things like the Involvement Fair, or attending a group meeting with people you don't know.
- 5. Still finding my niche** – You feel like you are getting out there, but you haven't found that core group to connect with yet.
- 6. Homesickness is REAL** – You really miss home, your family, your pets, or your friends from High School...this homesickness is making it hard for you to leave your room or connect with others on campus.
- 7. Seeking Mentorship** – You are one that looks to others to give you suggestions and currently you are feeling lost and in need of guidance.
- 8. Overwhelming options** – You feel like High Point University offers so many options, you just don't know where to begin.
- 9. Social > Academics; Needing academic/career advice** – You've made tons of friends and have lots of "fun" outside of class, but maybe you don't feel connected in your classes or to your major.
- 10. Commuting Connection** - You are currently a commuter student and you are trying to find your people and connect to the HPU community at large.

Work with your coach to review the strategies on the reverse side and identify at least 3 things you will do to move towards connection.

CONNECTION BLUEPRINT STRATEGIES

Identify which connection category you fall into. Discuss this with your success coach to strategize ways to overcome your barriers to getting connected.

- List out your areas of interest & brainstorm potential clubs, activities, events, etc. that appear to fit.
 - Utilize HPU Connect to identify 3 organizations that you would like to try.
 - Don't sign up for something just because you want to meet people, because you may not click with anyone. Signing up for something that has like-minded people can increase the chances of you meeting someone that you click with, but you also have to enjoy doing the clubs too.
 - Give the first few meetings a chance.
 - Attend the involvement fair at the beginning of the semester.
 - Mingle with your roommates/suitemates. Plan out an activity to invite your roommate(s) to attend.
 - Attend sporting events and sit in the student section.
 - Challenge someone to a Mario race or a game of Skee Ball in the arcade.
 - Introduce yourself to your professors. Invite them to join you for coffee at Starbucks.
 - Conduct an informational interview with your success coach. Get to know them and help them to get to know you.
 - Attend an event/activity on campus, such as one hosted by C.A.T. or your Resident Assistant (RA).
 - Brainstorm ideas on creating a new group or organization on campus.
 - Plan to try out a new class for the upcoming semester.
 - Introduce yourself to the people around you in your classes. Form study groups with them. Go to lunch after class with them. There are 15+ new people in each of your classes for you to get to know. Who knows you may even share some common interests.
 - Attend Chapel on Wednesdays at 5:30pm or one of our other religious affiliated meetings that aligns with your faith. If you don't see one that aligns with your beliefs, speak with Rev. Davis about starting one.
 - Meet with your First Year Navigator or an upperclassman in your field to find out more about getting involved with your major. You can also meet with Faculty from your department to inquire about ways to get involved.
 - Attend Faculty meet and greet at the beginning of the semester.
 - Introduce yourself to your professors. Invite them to join you for coffee at Starbucks.
 - Explore the possibilities with the Student Employment Program.
 - Check out a Coffee Connection hosted by the Office of Student Success.
 - Stargaze at the Planetarium.
 - Seek counseling to help process and/or deal with an issue, such as homesickness.
 - Find 3 things to say "yes" to. Report back to your Success Coach about what you tried.
 - Go to Dinner at Prime.
 - Attend welcome week activities. It can seem overwhelming, but they are designed with intention.
 - Download and use the RISE App to earn badges and crush it this year.
 - Utilize the Academic Support Services to help you excel in your classes. -
 - Tutoring is available through scheduled appointments or walk-in hours.
 - The Writing Center is available through scheduled appointments
 - Create your own strategy: _____
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